

Supplementary Table 1: Summary of questions asked in the 2018 and 2020 surveys, followed by statistical indices of change in 2 years of our program: the corresponding calculated and tabulated chi-square values, and p-values at 0.05 significance level.

Q.N.	Questions	Observed χ^2 Value	Threshold χ^2 Value	p-value	Remarks
Q1	In your opinion, what should be the cause of an earthquake?	78.15	7.81	<0.00001	Null hypothesis rejected
Q3	What do you think, how likely is the occurrence of an earthquake in Nepal greater than the magnitude of 2015 Gorkha earthquake in your life?	43.59	9.49	<0.00001	
Q4	What do you think, can your house building resist a large earthquake?	10.30	5.99	0.005	
Q5	Do all the members of your family know exactly what to do and where to go at the time of an earthquake?	32.96	5.99	<0.00001	
Q6	Do you know you should not call others after an event, to leave the lines available for rescue operations?	138.72	3.84	<0.00001	
Q7	If a large earthquake occurred at night, could you save yourself?	37.65	3.84	<0.00001	
Q8	Do you know that the majority of all injuries that occur in earthquakes are caused by people being hit by or stumbling over fallen objects such as furniture, glassware, appliances and pictures on the walls?	44.16	3.84	<0.00001	
Q9	Do you know that earthquakes can make additional damage such as fire, landslides, floods?	7.33	5.99	0.025	
Q10	What do you think the level of risk for an earthquake is in your city?	6.33	5.99	0.042	
Q11	The preparedness for a major earthquake is the most important thing. Are you regularly discussing this topic with your family?	27.70	3.84	<0.00001	
Q12	Are you interested to know more about earthquakes and preparedness in details?	0.016	3.84	0.899	