Running the course over 5 weeks was good for me personally compared to a 10-day online slot.

Running the course over 5 weeks was good for the group compared to a 10-day online slot.

My engagement in and completion of work was affected by internet access issues.

Printed workbook helps me learn as it allows me to find a quiet space to work/learn.

Printed workbook helps me learn as it allows me to reflect and read away from a screen.

Printed workbook helps me to learn as it provides me a future reference resource.

My engagement in and completion of work was affected by caring responsibilities.